



OUR  
BIGGEST  
ISSUE

**ULTIMATE  
HONEYMOON  
GIVEAWAY!**  
you can win  
12 dream trips  
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[brides wedding planner

QUICK FIXES

» YOU HATE YOUR WEDDING-DAY HAIRSTYLE.

**QUICK FIX** Speak up immediately and be very specific about what you don't like. "Usually it's just a part of the style that the bride is unhappy with, not the entire look," points out New York hairstylist Lisa Bailey. "It's far easier to rework the front of an updo, for example, than redoing the whole thing from scratch, so you need to be clear." To prevent this problem from the onset, schedule a trial run a month before the wedding.

» YOU'RE SHORT ONE BOUTONNIERE.

**QUICK FIX** Snag a flower from either a bridesmaid's bouquet or the back of a ceremony arrangement, suggests wedding consultant Karen Clark, of Something Borrowed, Something Blue, in Raleigh, North Carolina. Raid your emergency kit and attach with a safety pin.

» YOU SWEAT UNDER STRESS.

**QUICK FIX** See your doctor 10 weeks before the big day to discuss Botox injections, which are a safe, effective way to help control chronic perspiration, says dermatologist Amy Newburger, M.D., of Scarsdale, New York. And choose a gown with sleeves so that you can tuck absorbent pads or dress shields under your arms for extra protection. Carry an antiperspirant with you, too; Dr. Newburger suggests



prescription Drysol or Xerac AC (they're strong, so try them out in advance of the wedding) or over-the-counter Certain Dri.

» YOU FLUB YOUR VOWS.

**QUICK FIX** Smile, take a deep breath, laugh—it's fine to give yourself a few seconds to regain composure—and pick up where you left off. (Your officiant will coax you along.) Everyone will consider it charming.

